

# MORE MUSTARD.

( PLUS MOUTARDE )

## One-Step



### Directions for Dancing The One-Step

1. Walk backward four steps, beginning with the Right foot, counting 1, 2, 3, 4 and taking one step on each count. These four steps take..... 2 Bars of Music

Walk forward four steps, beginning with the Right foot, counting 5, 6, 7, 8 and taking one step on each count..... 2 Bars

2. (The Turn) Swing the Right foot around to the right and backward; at the same time make a quarter turn to the right, with the body, count 1; swing the Left foot around to the right and forward; at the same time make another quarter turn to the Right with the body, count 2; swing the Right foot around again to the right and backward; at the same time make a quarter turn to the right with the body, count 3; swing the Left foot around again to the right and forward; at the same time make a quarter turn to the right with the body, count 4..... 2 Bars

Repeat No. 2..... 2 Bars

3. (The Grape Vine) Advance the Left foot forward and in front of the Right foot, count 1; step to the right side with the Right foot, count 2; swing the Left foot around and back of the Right foot, count 3; step to the right side with the Right foot, count 4..... 2 Bars

Repeat No. 3 three times..... 6 Bars

The above directions are for the lady. The gentleman uses his Right foot when the lady uses her Left foot and his Left foot when she uses her Right foot. The gentleman also steps forward when the lady steps backward and backward when the lady steps forward.

For more explicit directions and for other steps to be used in the One-Step and for directions for other modern dances, address The Associated Music Publishers Co., 137 W. Fourth St., Cincinnati, O.

By

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# LOUIS MENTEL.

COMPOSER OF  
MENTEL'S HESITATION WALTZ  
MENTEL'S TANGO ETC.

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## One-Step

LOUIS MENTEL

Composer of { Mentel's Hesitation Waltz  
Mentel's Tango etc.





The musical score consists of six systems of piano music. The first three systems are in a single key signature (B-flat major/C minor). The fourth system is marked "TRIO" and "mf" (mezzo-forte). The fifth and sixth systems continue the piece, with the sixth system featuring first and second endings.

System 1: Treble and bass staves with eighth and sixteenth notes, and chords.

System 2: Treble and bass staves with eighth and sixteenth notes, and chords.

System 3: Treble and bass staves with eighth and sixteenth notes, and chords.

System 4: Marked "TRIO" and "mf". Treble and bass staves with eighth and sixteenth notes, and chords.

System 5: Treble and bass staves with eighth and sixteenth notes, and chords.

System 6: Treble and bass staves with eighth and sixteenth notes, and chords. Includes first and second endings.

This page contains six systems of musical notation for a piano piece. Each system consists of a grand staff with a treble clef and a bass clef. The key signature is two flats (B-flat and E-flat). The notation includes various musical elements:

- System 1:** Treble staff has chords and single notes; bass staff has a steady eighth-note accompaniment. A slur is present in the treble staff.
- System 2:** Similar to System 1, with a slur in the treble staff.
- System 3:** Treble staff features more complex rhythmic patterns and slurs; bass staff continues the accompaniment.
- System 4:** Treble staff has slurs and chords; bass staff has a consistent eighth-note pattern.
- System 5:** Treble staff includes slurs and a sharp sign (#) on a note; bass staff has a consistent eighth-note pattern.
- System 6:** Treble staff has slurs and chords; bass staff includes a double bar line and a sharp sign (#) on a note.