



BOWS & BEAUS

FREE OPEN HOUSE

This free night will introduce you to:
Modern Square Dancing, Round Dancing, and Line Dancing
Wednesday, August 26
7:00pm-8:30pm

**Modern and
Traditional
Music**

**Loyola Elementary School
Multi-Purpose Room
770 Berry Ave., Los Altos**

**Great for your
Mind and Body**

**No experience or partner needed.
Wear comfortable clothing and shoes.**

Email info: classinfo@bowsandbeaus.org

Bows and Beaus Square and Round Dance Club in Los Altos invites you to a free Open House introduction to modern Square Dancing, Round Dancing (a form of ballroom dancing), and Line Dancing. No partner needed. Just wear comfortable clothes and shoes and bring a smile and we'll get you dancing!

Modern Square Dancing is a social dance characterized by 8 people maneuvering together in a "square" by walking patterns that are instructed by the "caller" while the music is playing. The caller will use square dance language to maneuver all the dancers in the square around until they get back home, usually with their original partner. If you have ever uttered the phrase "I don't dance", then square dancing may be just right for you! Many people find it more mentally challenging than physically challenging and kids from 8-100 can be found on our South Bay square dance floors. While traditional western music is still played, these days, you are more likely to hear a pop song from the 2000's. We guarantee you'll be smiling at the end of the night!

Round Dancing is a form of ballroom dance where a "cuer" calls out dance figures during the music instructing both dance partners what figure to dance. The cuer uses pre-choreographed figures that flow with the music to make the dance experience both interesting and fun. Since both partners hear the cues at the same time, this form of ballroom dance does not rely as heavily on the technical aspects such as frame and footwork to achieve success. It can even be danced solo!

Square Dance classes are beginning in September at clubs in Palo Alto and Portola Valley and Bows and Beaus will start a class in January (after another free open house).

Make it a date night with dinner in Los Altos and join us for a joyous night of social dance that is right for everyone, even those of us with two left feet.